

3/08/2022

COURSE TITLE: TREATMENT IN PREGNANCY

COURSE DIRECTORS AND FACILITATORS: FLORENCE THIBAUT, FRANCE; GIHAN ELNAHAS, EGYPT

TIMING: 08:30-12:30 ON 3 AUGUST WITH A 30-MINUTE BREAK.

COURSE OUTLINE

Management of psychiatric disorders during the course of pregnancy is a specialized field of practice that entails prudent selection of treatment method to address critical reproductive events. Treatment of pregnant women essentially embraces strategies for pregnancy planning, and perinatal care, taking into consideration planning for the postpartum and breastfeeding period as well.

In this course we are sharing up to date and comprehensive knowledge on the topic in order to help you make rational collaborative and individualized treatment decisions.

The course will be facilitated by faculty from the International Association for Women Mental Health: Florence Thibaut Professor of Psychiatry and Addiction University of Paris France IAWMH President and Gihan ELNAHAS Professor of Psychiatry and Head of Women Mental Health Program Ain Shams University Cairo Egypt and member of IAWMH Educational Committee.

The course is structured to include a combination of short didactic presentations, group practice and discussions of two case-based scenarios and exercise injects for course participants.

KEY LEARNING OBJECTIVES

By the end of this session

- Participants will be able to:
- Discriminate the level of relative safety or risk of a specific psychotropic medication in pregnancy,
- Comprehend and put to practice the basic principles of perinatal prescription of psychotropic medications in mood disorder and substance use disorder
- Practise the use of the risk-benefit approach in perinatal psychopharmacology

- Recognize and put to action rational perinatal management through joint informed decision making.
- Practice the use of reliable resources of information on the reproductive safety of medications

TARGET PARTICIPANTS

Our course is intended for: Psychiatrists especially those involved in perinatal care and Comprehensive Care services

PRELIMINARY COURSE PROGRAM:

8:30 - 8:40 Welcome note and Introduction by course Directors

8:40-9:20 Prof Thibaut

Topic: Management of Substance use disorder in pregnancy

9:20-10:00 Case Vignette I-facilitated group work

10:00-10:15 Case I Discussion

10:15-10:40 Break

10:40-11:30 Prof ELNAHAS

Topic: Management of Bipolar disorder in pregnancy

11:30-12:15 Case Vignette II-facilitated group work

12:15-12:30 Case Discussion